

White Lake Fen

Published August 26, 2012 | By [Art Goldsmith](#)

Macnamara Field Naturalists' Club field trip to White Lake Fen (*Sunday June 24, 2012-06-24*)

Web Reference: <http://mfnc.ca/art-goldsmith/>

This was an excellent 5 hour trudge through, initially, the Fen. On a hot day, the cool fen water seeping into my old sneakers felt so good. Led by the ever knowledgeable Michael Runtz, the eager group of ten came upon bog and fen species at the Fen.

At the Fen, aside from a stunning display of Showy Lady's Slipper, many other botanical specialties and insects were noted (see list below)



Sightings at the White Lake Fen

Plants

Triglochin (2 spp)- Arrow-grass (not a grass, it is in the family Juncaginaceae)

Green Adders Mouth (orchid)

Helleborine (orchid-Alien)

Showy Lady's Slipper (orchid-many in full bloom)

Grass Pink (orchid)

Sundew Spp (carnivorous plant)

Pitcher plant (Carnivorous plant)

Bog Bean (many Buckmoth Larvae on Bog Beans)

Tall White Bog Orchid (Spp? *Platanthera dilatata*) fragrant

Shrubby Cinquefoil

Rattlesnake Fern

Bog Rosemary

Bladderwort Spp

Insects

Buckmoth Larvae

Mustard White Butterfly (landed on White Bog Orchid)

Bog Sprite

Emerald Spreadwing

Prince (Princeps) Baskettail

Vernale (bluet damselfly)

Common Baskettail

Sedge Sprite

Elfin Skimmer (smallest Dragonfly in NA)

Bog Copper (small butterfly)

Eastern Forktail (Damselfly)

Birds

(most not noted)

N. Parula Warbler

Nashville Warbler

Wilson's Snipe (flying and calling)